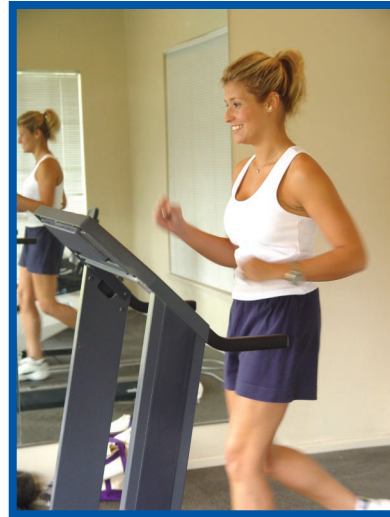


## The Heuser Clinic Gets Results!

After 12-weeks most clients see a big difference.

### The average client:

- Loses 10 pounds
- Blood pressure drops 18 points
- Four inches off the waist
- Body fat decreases 30%
- Strength increases 206%



### Corporate Success Stories

The Heuser Clinic Corporate Fitness Program has successfully changed the lives of the employees of Texas Roadhouse, Neace Lukens, Commonwealth Bank, Norton Healthcare, Tumbleweed, Earnst and Young, and the St. Matthews Fire Department. One Neace Lukens employee with Type II Diabetes successfully lowered her blood sugar from 290 to 90. Here are some recent success stories:

#### Texas Roadhouse

Over 80 Texas Roadhouse employees have completed the program since 2005 and many have continued in The Heuser Clinic maintenance program.

*“The Heuser Clinic has literally changed the lives of many of our employees. The employees who have participated in the program are healthier, happier and in the best shape of their lives.”*

– G. J. Hart, CEO

#### St. Matthews Fire Department

The number one cause for firefighter deaths nationally is not fighting fires, but heart attacks. Fifteen firefighters have completed the program. Five of those who started weighed over 300 pounds. The firefighters have lost weight, lost body fat, and increased their endurance and strength. The St. Matthews Fire Department has achieved the best fitness results measured by local suburban fire districts.

*“The firemen feel extreme gratitude to the Fire Department Board for supporting this lifesaving program. Even the younger firemen have expressed how The Heuser Clinic program changed their minds about making better food choices and exercising more effectively.”*

– Chief Bill Seng



2040 Metal Lane  
Louisville, KY 40206  
502 893-7833  
fax 502 895-4418

[www.heuserclinic.com](http://www.heuserclinic.com)



# Corporate Fitness Program



**Run your body  
like you run your  
successful business**